

**Ross 5 - 0 North Bristol**  
**08/01/2005**

**Ross back on winning ways.**

Ross Men's Hockey 1<sup>st</sup> XI played an away match against North Bristol in the Gerrard Hockey League (North-East West District 4) this Saturday and came away with a 5 - 0 victory.

Following a rare defeat prior to the Christmas break Captain Ridgway had the whole squad undertake boot camp to get their minds and bodies back into shape. The tough fitness regime and yoga lessons clearly did their job as a fit and lean team took to the astro. Ridgway decided to play it safe in the first half by fielding the strongest possible defence. James Adamson, Tim Jones, Greg Weston and Edward Peck were completely dominant and allowed the midfield to push up well into the opposition half. Tom Walton and Sam Warner played with consummate skill sweeping up any loose balls. Thus creating time and opportunity for Andy Cross, Bartholomew Simpson and Brian Clare to display their exquisite skills. At half time Ross found themselves 1-0 up with a fantastically taken strike by Richard Harbottle after Adrian Williams had spotted him steaming in from the wing and slotted him an inch perfect pass. Ridgway decided to take the initiative and push home the attack in the second half. Phil Evans started to link well with Wilem Haagen and the floodgates opened allowing Andy Ridgeway to slot home 4 well taken goals. Thus Ross had avenged a rare defeat in the reciprocal match earlier in the season.

Brian Clare was voted Brabo Man of the Match for his decisive runs down his wide flanks.